

# Activity Groups for Older Vermonters

## GAMES AND SOCIAL TIME



Register at  
[covidsupportvt.org/workshops/](https://covidsupportvt.org/workshops/)

**Wednesdays | 2:00-3:00pm, beginning March 31st**

Do you enjoy games and activities? Are you living alone and want to have fun with others who are also managing life alone during the pandemic? Join a weekly group for virtual interactive games and other fun activities that promote connection and coping skills. You can even invite your friends and we will happily help them connect for this interactive time. Call 2-1-1, option #2 with questions.

WITH SUPPORT FROM



# COVID

## SUPPORT VT

*Promoting mental health and wellness for all*



©2021 Vermont Care Partners. All Rights Reserved.

   @COVIDSupportVT | Find more resources at [COVIDSupportVT.org](https://COVIDSupportVT.org)