

With so many changes happening, are you struggling to cope?

Call one of our COVID Support Counselors at 2-1-1, option #2.



See inside for
Chittenden County
Food Distribution
Calendar

- Emotional support and a listening ear
- Weekly virtual wellness and support groups
- Help with applications to services
- Referrals to community supports
- Interpreter services and access to a Spanish speaking counselor
- Confidential and free
- Monday-Friday

   @COVIDSupportVT | Find more resources at COVIDSupportVT.org



2·1·1

Get Connected. Get Help.™

If you have difficulty reaching 2-1-1,
try 866-652-4636 (option #2).

WITH SUPPORT FROM



VERMONT
CARE
PARTNERS



VERMONT
AGENCY OF HUMAN SERVICES
Department of Mental Health

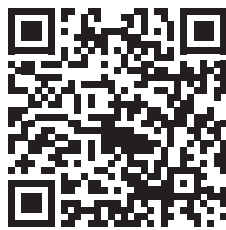
COVID SUPPORT VT

Promoting mental health and wellness for all

FOOD RESOURCES FOR CHITTENDEN COUNTY *(subject to change)*

MONDAY	TUESDAY	WEDNESDAY
7-9am Feeding Chittenden/CVOEO: Burlington Meal Site	7-9am Feeding Chittenden/CVOEO: Burlington Meal Site	7-9am Feeding Chittenden/CVOEO: Burlington Meal Site
9am-2pm Burlington Salvation Army Food Shelf	9am-2pm Burlington Salvation Army Food Shelf	9am-2pm Burlington Salvation Army Food Shelf
9am-4pm by appointment Sara Holbrook Community Center: Burlington Food Shelf	9am-4pm by appointment Sara Holbrook Community Center: Burlington Food Shelf	9am-4pm by appointment Sara Holbrook Community Center: Burlington Food Shelf
10am-2pm by appointment Milton Family Community Center Food Shelf	10am-2pm by appointment Milton Family Community Center Food Shelf	10am-2pm by appointment Milton Family Community Center Food Shelf
10am-3pm Feeding Chittenden/CVOEO: Burlington Food Shelf	10am-1pm Richmond Food Shelf and Thrift Store Inc Food Shelf	10am-3pm Feeding Chittenden/CVOEO: Burlington Food Shelf
10:30am - 2:30pm Heineberg Community Senior Center: Burlington Meal site for those above age 60	10am-3pm Feeding Chittenden/CVOEO: Burlington Food Shelf	10:30am - 2:30pm Heineberg Community Senior Center: Burlington Meal site for those above age 60
12-1pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	10:30am - 2:30pm Heineberg Community Senior Center: Burlington Meal site for those above age 60	12pm-6pm Colchester Comm. Food Shelf Food Shelf
12:30-1pm COTS Daystation: Burlington Meal Site	12-1pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	12-1pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24
1-2pm Food Not Bombs: Burlington Meal Site	12:30-1pm COTS Daystation: Burlington Meal Site	12:30-1pm COTS Daystation: Burlington Meal Site
4pm-6pm Everyone Eats @ Milton Elementary School Meal site	1-2pm Food Not Bombs: Burlington Meal Site	1-2pm Food Not Bombs: Burlington Meal Site
5-6pm Burlington Salvation Army Meal Site	4:30pm-6pm Everyone Eats @ Intervale Center Meal Site	5-6pm Burlington Salvation Army Meal Site
5-6pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	5-6pm Burlington Salvation Army Meal Site	5-6pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24
5:30-7:30 p.m.* Heavenly Food Pantry: Essex Open on the 2nd Monday of the month Food Shelf	5-6pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	4:30-7pm* Charlotte Food Shelf Open the 2nd & 4th Wednesday of each month Food Shelf *need identification of residency
The People's Fridge: Burlington Food Distribution (daily)	5-6:30pm Williston Community Food Shelf Food Shelf	1-3 pm* United Methodist Church Winooski Open the 2nd and 4th Wednesdays of each month Food Shelf
	5:30-7:30pm Hinesburg Community Center Food Shelf	The People's Fridge: Burlington Food Distribution (daily)
	6-7:30pm Aunt Dot's Place: Essex Food Shelf	
	The People's Fridge: Burlington Food Distribution (daily)	
<p align="center">*NOTE: Sites in orange boxes are offering food support on an irregular schedule.</p>		

FOOD RESOURCES FOR CHITTENDEN COUNTY *(subject to change)*

THURSDAY	FRIDAY	SATURDAY
7-9am Feeding Chittenden/CVOEO: Burlington Meal Site	7-9am Feeding Chittenden/CVOEO: Burlington Meal Site	8-9am First Congregational Church of Burlington Meal Site
8-9:30am Sara Holbrook Community Center: Burlington Grocery Distribution	8-10am South Burlington Food Shelf Food Shelf	8-10am South Burlington Food Shelf Food Shelf
9-11am Williston Community Food Shelf Food Shelf	9am-2pm Burlington Salvation Army Food Shelf	9am-2pm & 5-6pm Burlington Salvation Army Food Shelf
9am-2pm Burlington Salvation Army Food Shelf	10am-2pm by appointment Milton Family Community Center Food Shelf	9-11am Williston Community Food Shelf Food Shelf
10am-2pm by appointment Milton Family Community Center Food Shelf	9am-4pm by appointment Sara Holbrook Community Center: Burlington Food Shelf	10am-12pm Aunt Dot's Place: Essex Food Shelf
9-11AM Aunt Dot's Place: Essex Food Shelf	10am-3pm Feeding Chittenden/CVOEO: Burlington Food Shelf	10am-1pm Richmond Food Shelf and Thrift Store Inc Food Shelf
9am-4pm by appointment Sara Holbrook Community Center: Burlington Food Shelf	5:30-7:30pm Hinesburg Community Center Food Shelf	12:30-1pm COTS Daystation: Burlington Meal Site
10am-3pm Feeding Chittenden/CVOEO: Burlington Food Shelf	12-1pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	5-6pm Burlington Salvation Army Meal Site
10:30am - 2:30pm Meal site for those above age 60 10:30-11:30am Grocery Distribution for those above age 60 Heineberg Community Senior Center: Burlington	12:30-1pm COTS Daystation: Burlington Meal Site	1-2pm Food Not Bombs: Burlington Meal Site
12-1pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	1-2pm Food Not Bombs: Burlington Meal Site	9:30-11am* United Methodist Church Winooski Open the 2nd & 4th Saturdays of each month Food Shelf
12:30-1pm COTS Daystation: Burlington Meal Site	5-6pm Burlington Salvation Army Meal Site	The People's Fridge: Burlington Food Distribution (daily)
12-4pm Everyone Eats @Mark BBQ Essex Community Meals Meal Site *Sign up needed (see QR code on back)	5-6pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24	SUNDAY
1-2pm Food Not Bombs: Burlington Meal Site	The People's Fridge: Burlington Food Distribution (daily)	
4-6pm Richmond Food Shelf and Thrift Store Inc Food Shelf		
4pm-5:30pm Everyone Eats @ Our Lady of the Holy Rosary Church Richmond Meal Site *signup preferred		
5-6pm Burlington Salvation Army Meal Site		
5-6pm Spectrum Youth and Family Services: Burlington Meal site for people aged 12-24		
5:15-7:15pm South Burlington Food Shelf Food Shelf		
2-6pm* Heavenly Food Pantry: Essex They are open on the 4th Thursday of the month Food Shelf		
The People's Fridge: Burlington Food Distribution (daily)		



Everyone Eats Sites:

Milton Elementary School

42 Herrick Avenue,
Milton, VT
shiftmeals@
skinnypancake.com
No sign-up needed

Intervale Center

180 Intervale Road,
Burlington
shiftmeals@
skinnypancake.com
No sign-up needed

Mark BBQ Essex Community Meals

34 Park St Suite 9, Essex
802-662-4381
Sign up needed/
Please scan the QR code
below to sign up*:



Our Lady of the Holy Rosary Church

Richmond, VT
shiftmeals@
skinnypancake.com
Sign up preferred /
Please scan the QR code
below to sign up*:



VT Foodbank Partner Sites:

Burlington Salvation Army

64 Main Street,
Burlington
802-864-6991 x105

Feeding Chittenden/CVOEO

228 North Winooski
Avenue, Burlington
802-658-7939 ext. 23

Spectrum Youth and Family Services

177 Pearl Street,
Burlington
802-864-7423
For people aged 12-24

First Congregational Church of Burlington

38, South Winooski
Avenue, Burlington
802 862-5010

First United Methodist Church of Burlington

21 Buell Street,
Burlington
802 862 1151

COTS Daystation

95 North Avenue
Burlington
802-864-7402

Heineberg Community Senior Center

14 Heineberg Rd.,
Burlington
802-863-3982
For those above age 60

Sara Holbrook Community Center

66 North Ave, Burlington
802-862-6342 ext. 121
*by appointment

Aunt Dot's Place

51 Center Road, Essex
802-857-8208

Richmond Food Shelf and Thrift Store Inc

58 Bridge Street,
Richmond
802-578-4283

South Burlington Food Shelf

356 Dorset Street, South
Burlington
802-858-5267

Williston Community Food Shelf

400 Cornerstone Drive
#130, Williston
802-735-6303

Charlotte Food Shelf

421 Church Hill Road,
Charlotte
802-425-3252
*Need identification of
residency

Hinesburg Community Center

51 Ballards Corner Road,
Hinesburg
802-482-4946

Milton Family Community Center

23 Villemarie Lane,
Milton
802-893-1457
*By appointment only

Heavenly Food Pantry

39 Main Street, Essex
Junction
802-878-5745

Colchester Community Food Shelf

245 Main Street,
Colchester
802-879-2444

Winooski Food Shelf

at United Methodist
Church Winooski
24 West Allen Street,
Winooski
802 655 7371

Community-Based Sites:

Food Not Bombs

In the Marketplace
Garage off Cherry
Street (149 Cherry
Street), Burlington
802-793-8851

The People's Fridge

32 Hungerford Terrace
802-793-8851

*Call 2-1-1 option 2 if you have any problems scanning the QR codes, or if you have questions about getting help.