

With so many changes happening, are you struggling to cope?

Call one of our COVID Support Counselors at 2-1-1, option #2.



See inside for
Washington County
Food Distribution
Calendar

- Emotional support and a listening ear
- Weekly virtual wellness and support groups
- Help with applications to services
- Referrals to community supports
- Interpreter services and access to a Spanish speaking counselor
- Confidential and free
- Monday-Friday

   @COVIDSupportVT | Find more resources at COVIDSupportVT.org



If you have difficulty reaching 2-1-1,
try 866-652-4636 (option #2).

WITH SUPPORT FROM



COVID SUPPORT VT

Promoting mental health and wellness for all

FOOD RESOURCES FOR WASHINGTON COUNTY (subject to change)

MONDAY	TUESDAY	WEDNESDAY
9am-12pm Capstone Community Action Food Shelf	9am-12pm Capstone Community Action Food Shelf	9am-12pm Capstone Community Action Food Shelf
10am-12pm Waterbury Area Food Shelf	9am-3pm Faith In Action Northern Communities Food Shelf	9am-2pm Twin Valley Seniors Inc Senior Meal Site
9am-3pm Faith In Action Northern Communities Food Shelf	10am-12pm Just Basics Inc. Food Shelf	9am-3pm Faith In Action Northern Communities Food Shelf
11am-1pm The Galley Barre Housing Senior Meal Site *Takeout and deliveries only	10am-12pm Mad River Valley Community Pantry Food Shelf	10am-2pm Onion River Food Shelf
12-1pm Waterbury Area Senior Center Senior Meal Site	10am-12pm Mad River Valley Sr. Citizens Senior Meal Site	11am-1pm The Galley Barre Housing Senior Meal Site *Takeout and deliveries only
1-3pm Capstone Community Action Food Shelf	11am-1pm The Galley Barre Housing Senior Meal Site *Takeout and deliveries only	11am-1pm Worcester Community Kitchen and Food Shelf
	11:30am-12pm Bethany United Church of Christ Meal Site *Takeout only	11:30am-12:15pm Christ Church Meal Site with access to food pantry
	12-1pm Waterbury Area Senior Center Senior Meal Site	12-1pm Waterbury Area Senior Center Senior Meal Site
	1-3pm Capstone Community Action Food Shelf	12-1:30pm Roxbury Food Shelf
Scan this code to find out more about food-based resources in other parts of the state, or call 2-1-1 option 2!		1-3pm Capstone Community Action Food Shelf
		3-4:30pm Hedding United Methodist Food Shelf
		3-5pm Waterbury Area Food Shelf
		4-6pm Mad River Valley Community Pantry Food Shelf

FOOD RESOURCES FOR WASHINGTON COUNTY (subject to change)

THURSDAY	FRIDAY	SATURDAY
7-10am Duxbury Elf's Shelf Food Shelf	9am-12pm Capstone Community Action Food Shelf	9am-1pm CERV Food Shelf
9am-12pm Capstone Community Action Food Shelf	9am-2pm Twin Valley Seniors Inc Senior Meal Site	10am-12pm Just Basics Inc. Food Shelf
9am-2pm Twin Valley Seniors Inc Senior Meal Site	10am-12pm Waterbury Area Food Shelf	10am-12pm Mad River Valley Community Pantry Food Shelf
9am-3pm Faith In Action Northern Communities Food Shelf	11am-1pm The Galley Barre Housing Senior Meal Site *Takeout and deliveries only	11am-1pm Worcester Community Kitchen and Food Shelf
10am-12pm Just Basics Inc. Food Shelf	12-1pm Waterbury Area Senior Center Senior Meal Site	
11am-1pm The Galley Barre Housing Senior Meal Site *Takeout and deliveries only	1-3pm Capstone Community Action Food Shelf	
12-1pm Waterbury Area Senior Center Senior Meal Site		
1-3pm Capstone Community Action Food Shelf	SITES WITH IRREGULAR HOURS (not listed above)	
3-4:30pm Hedding United Methodist Food Shelf	Old Brick Church 6 Church Street East Montpelier, 802-456-1399 Food Shelf • 2nd & 4th Tuesday of the month 2-5pm	
	Roxbury Food Shelf 1483 Roxbury Road Roxbury, 802-485-7779 Food Shelf • *Emergencies anytime	
	Websterville Baptist Church 143 Church Hill Road Websterville, 802-479-0141 Food Shelf • Monday-Saturday by appointment	
	Woodbury Calais Food Shelf 49 Valley Lake Road South Woodbury, 802-472-6292 Food Shelf • 3rd Saturday of the month from 9-11am; Wednesday following 3rd Saturday from 5 - 6:30 pm	

WASHINGTON COUNTY FOOD SITES: Contact Information and Locations

Bethany United Church of Christ

115 Main Street Montpelier
802-223-2424
Meal Site
*Takeout only

Capstone Community Action

20 Gable Place Barre
802-479-1053
Food Shelf

CERV

31 Dog River Drive
Northfield
802-485-4293
Food Shelf

Christ Church

64 State Street Montpelier
802-223-3631
*Meal Site with access to food pantry

Duxbury Elf's Shelf

4987 Vermont 100 Duxbury
802-371-9906
Food Shelf

Faith In Action Northern Communities

3339 Main Street Cabot
802-563-3322
Food Shelf

The Galley Barre Housing

14 Washington Street Barre
802-479-9175
Senior Meal Site
*Takeout and deliveries only

Hedding United Methodist

40 Washington Street Barre
802-476-8156
Food Shelf

Just Basics Inc.

137 Main Street Montpelier
802-262-6288
Food Shelf

Mad River Valley Sr. Citizens

5308 Main St. Waitsfield
802-496-2543
Senior Meal Site

Mad River Valley Community Pantry

5308 Main Street Waitsfield
802-496-3065
Food Shelf

Onion River Food Shelf

2 Upper Depot Road
Marshfield
802-223-6548

Roxbury Food Shelf

1483 Roxbury Road
Roxbury
802-485-7779
Food Shelf

Twin Valley Seniors Inc

4583 Route 2 Plainfield
802-223-3322 Senior Meal Site

Waterbury Area Food Shelf

57 South Main Street
Waterbury
802-244-1561
Food Shelf

Waterbury Area Senior Center

14 Stowe Street Waterbury
802-244-1234
Senior Meal Site

Worcester Community Kitchen and Food Shelf

20 Worcester Village Rd.
Worcester
802-552-7494
Food Shelf

ADDITIONAL FOOD-BASED RESOURCES

3SquaresVT

What it is: Provides food assistance to low income people and families
How to apply:
email 3svt@vtfoodbank.org, call 1-855-855-6181 or text VFB SNAP to 85511

CSFP

What it is:
The Commodity Supplemental Food Program (CSFP) is a federal nutrition program which delivers nutritious foods to income-eligible older adults. The program also offers free information on Nutrition
How to apply:
1-800-214-4648 or request a paper application by emailing csfp@vtfoodbank.org

WIC

What it is:
WIC is the USDA Special Supplemental Nutrition Program for Women, Infants and Children. WIC provides access to healthy foods, nutrition education and counseling, healthcare referrals and breastfeeding support.
How to apply:
Call 1-800-649-4357 or email WIC@Vermont.gov, or text VTWIC to 855-11.

Vermont Meal Program for Older Adults

What it is:
Qualifying individuals may be able to pick up meals to go or have meals delivered to their home.
How to apply:
Call the Helpline at 1-800-642-5119.

The Vermont Foodbank

What it is:
A statewide network of food distribution sites, food shelves and meal sites
How to get resources:
Call 1-800-585-2265.

Call 2-1-1, option #2 if you have any questions about getting help.