

With so many changes happening, are you struggling to cope?

Call one of our COVID Support Counselors at 2-1-1, option #2.



See inside for
Windham County
Food Distribution
Calendar

- Emotional support and a listening ear
- Weekly virtual wellness and support groups
- Help with applications to services
- Referrals to community supports
- Interpreter services and access to a Spanish speaking counselor
- Confidential and free
- Monday-Friday

   @COVIDSupportVT | Find more resources at COVIDSupportVT.org



If you have difficulty reaching 2-1-1,
try 866-652-4636 (option #2).

WITH SUPPORT FROM



COVID SUPPORT VT

Promoting mental health and wellness for all

FOOD RESOURCES FOR WINDHAM COUNTY (subject to change)

MONDAY	TUESDAY	WEDNESDAY
8:15am-4pm Our Place Drop-In Center Food Shelf	8:15am-4pm Our Place Drop-In Center Food Shelf	8:15am-4pm Our Place Drop-In Center Food Shelf
8:30am-12:00pm Grafton Community Church Food Shelf *also available by appointment	8:30am-12:00pm Grafton Community Church Food Shelf *also available by appointment	8:30am-12:00pm Grafton Community Church Food Shelf *also available by appointment
11am-4pm Foodworks Food Shelf	11:30am-12:30pm Everyone Eats @ Loaves & Fishes Meal Site *pickup only	12-12:30pm Brattleboro Senior Meals Inc Senior Meal Site *by reservation only
12-12:30pm Brattleboro Senior Meals Inc Senior Meal Site *by reservation only	12-12:30pm Brattleboro Senior Meals Inc Senior Meal Site *by reservation only	1-6pm Foodworks Food Shelf *First come & delivery (call for hours)
6-7:30pm Townshend Community Food Shelf		



Looking for personal growth opportunities?



COVID Support Vermont is now offering a variety of interactive wellness workshops!

TOPICS INCLUDE:

- *Wellness through Journaling*
- *Managing Anxiety*
- *Meditation/Gratitude Practices*
- *Games and Social Time (also offered in Spanish!)*
- *Skills for the Job Search*

All are held virtually through Zoom, and can be found at COVIDSupportVT.org

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FOOD RESOURCES FOR WINDHAM COUNTY (subject to change)

THURSDAY	FRIDAY	SATURDAY
8:30am-12:00pm Grafton Community Church Food Shelf *also available by appointment	8:15am-4pm Our Place Drop-In Center Food Shelf	9-10:30am Everyone eats @ Putney Foodshelf
12-12:30pm Brattleboro Senior Meals Inc Senior Meal Site *by reservation only	8:30am-12:00pm Grafton Community Church Food Shelf *also available by appointment	9-11am Deerfield Valley Food Pantry
1-3pm Deerfield Valley Food Pantry	11:30am-12:30pm Everyone Eats @ Loaves & Fishes Meal Site	
5-6pm Guilford Food Pantry Food Shelf	12-12:30pm Brattleboro Senior Meals Inc Senior Meal Site *by reservation only	SUNDAY
5:30-7pm AGAPE Christian Fellowship Food Shelf	12-4pm Foodworks Food Shelf	9:30-11am Grafton Community Church Food Shelf

SITES WITH IRREGULAR HOURS (not listed above)

Third Monday of the month from 5:30pm-6:30pm

Immanuel Episcopal Church, 20 Church Street Bellows Falls, VT, 802-463-3100
Community dinner

Everyone Eats @ Springfield Family Center/Chester Helping Hands Meal Site

The 2nd and 4th Wednesday of the month from 3:30pm to 5:00pm
Bread of Life Food Pantry, Vernon Advent Christian Church, 4554 Fort Bridgman Rd Vernon VT, 802-257-2341

Thursday before the 3rd Saturday 1-3PM; also available for emergencies

Deerfield Valley Food Pantry, 7 Church Street Wilmington, 802-464-0148
Food Shelf

1st & 3rd Friday of the month 1-4pm

Second Congregational Church, 2051 North Main St., Londonderry, 802-824-6453
Food Shelf
*located in the building next to the church

3rd Saturday of the month 9-11am; also available for emergencies

Deerfield Valley Food Pantry, 7 Church Street Wilmington, 802-464-0148
Food Shelf

Last Saturday of the month: 9am - 12pm

Foodworks, 141 Canal Street Brattleboro, 802-490-2412
Food Shelf

Every other Saturday 3:30-5pm

St. Brigid's Pantry, 38 Walnut Street Brattleboro, 802-558-6072
Food Shelf

Last Sunday of the month 12-2pm

West Brattleboro Baptist Church, 979 Western Ave, Brattleboro, 802-257-0187
Meal Site *must call ahead

WASHINGTON COUNTY FOOD SITES: Contact Information and Locations

Everyone East @

Dummerston Cares

Meals are available to Dummerston residents via reservation only
802-451-6945
Meal Site, contact for info

Everyone Eats @ Marlboro Cares

Meals are available to Marlboro residents via reservation only
802-248-5484
Meal site, contact for info

Everyone Eats @ West River Valley Mutual Aid

802-348-7173
Meal Site*enrollment required, contact for info

AGAPE Christian Fellowship

30 Canal Street Brattleboro
802-257-4069

Brattleboro Senior Meals

207 Main Street Brattleboro
802-257-1236

Townshend Community Food Shelf

34 Common Road
Townshend
802-365-4348

Deerfield Valley Food Pantry

7 Church St, Wilmington
802 464 0148

Foodworks

141 Canal Street
Brattleboro
802-490-2412

Grafton Community Church

55 Main Street Grafton
802-843-2346

Guilford Food Pantry

163 Fairground Road
Guilford
802-257-0626

Our Place Drop-In Center

4 Island Street Bellows Falls
802-463-2217

Putney Foodshelf

10 Christian Square Putney
802-387-8551

EVERYONE EATS SITES

*Available through
December 31st

Loaves & Fishes

193 Main Street Brattleboro
802-254-4730 or 802-490-2012

Putney Foodshelf

10 Christian Square Putney
802-387-8551

Springfield Family Center/ Chester Helping Hands

Neighborhood
Connections
5700 Vermont Rte 100,
Londonderry
802-824-4343
*First come & delivery (call for hours)

ADDITIONAL FOOD-BASED RESOURCES for Vermonters

3SquaresVT

What it is:

Provides food assistance to low income people and families

How to apply:

email 3svt@vtfoodbank.org, call 1-855-855-6181 or text VFB SNAP to 85511

CSFP

What it is:

The Commodity Supplemental Food Program (CSFP) is a federal nutrition program which delivers nutritious foods to income-eligible older adults. The program also offers free information on Nutrition

How to apply:

Call 1-800-214-4648 or request a paper application by emailing csfp@vtfoodbank.org

WIC

What it is:

WIC is the USDA Special Supplemental Nutrition Program for Women, Infants and Children. WIC provides access to healthy foods, nutrition education and counseling, healthcare referrals and breastfeeding support.

How to apply:

Call 1-800-649-4357 or email WIC@Vermont.gov, or text VTWIC to 855-11.

Vermont Meal Program for Older Adults

What it is:

Qualifying individuals may be able to pick up meals to go or have meals delivered to their home home.

How to apply:

Call the Helpline at 1-800-642-5119.

The Vermont Foodbank

What it is:

A statewide network of food distribution sites, food shelves and meal sites

How to get resources:

Call 1-800-585-2265.

Scan this code to find out more about food-based resources in other parts of the state, or call 2-1-1 option 2!



Call 2-1-1, option #2 if you have any questions about getting help.